



# Bright Horizons at Blue Cross Blue Shield of North Carolina

## What to Expect

At Bright Horizons at Blue Cross of North Carolina, your child will be safe, well cared for, loved, and supported by our skilled teachers. Our carefully crafted back-up care program offers age-appropriate programs to encourage curious, happy, and confident children at every age and stage.

### [View our virtual tour!](#)

Our center has been welcoming families since 2006 for their back-up, school vacation, and summer care needs. Throughout the year, we offer virtual family information sessions and workshops, themed program weeks, and many other events for children ages 6 weeks to 12 years.

If you would like a virtual visit prior to care, we would be more than happy to schedule one at your convenience; our center administrative team can be reached at 919-765-2437 or [bcbs.nc@brighthorizons.com](mailto:bcbs.nc@brighthorizons.com).

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## Health & Safety

At Bright Horizons your child's health, safety, and wellness is our top priority. We continually monitor state and local public health guidelines, consult with our medical experts, and use our considerable experience to guide our practices. We're prepared to respond quickly and adjust those health and safety practices as needed, to ensure children, families, and teachers are protected.

### **Designed for the well-being of staff, children, and families**

- ▶ A daily health check policy that strives to mitigate the spread of illnesses
- ▶ Frequent cleaning and disinfecting of high-touch surfaces, toys, and soft items
- ▶ Strict handwashing and sanitary policies to prevent the spread of illnesses
- ▶ Safety and security procedures designed to keep our families and staff protected
- ▶ Secure entrances to all centers
- ▶ Curriculum that emphasizes healthy practices for children

# What to Bring

## Enrollment Forms & Health Records

Prior to care, we are required to obtain additional information about your family. Many of the forms are available on our Back-up Care portal: [backup.brighthorizons.com/account/login](https://backup.brighthorizons.com/account/login), and will need to be submitted along with your child's health and immunization records.

## Meals & Snacks

Children in our care are provided breakfast and morning/afternoon snacks. Breakfast and snacks consist of a fruit, protein, carbohydrate, milk, and water. In our infant classroom there is a refrigerator available for bottles; all bottles are to be prepared at home and will be warmed using a water bath method. *Please note, our center is a nut safe environment and we ask for you to not pack any nut items for your child.*

## Items from home

- ▶ Spare clothing
- ▶ Diapers and wipes (*as needed*)
- ▶ Favorite toy, book, etc. to ease the drop-off transition or for rest time
- ▶ Ready-to-eat lunch and bottles (*as needed*)



## Center Location

We are located on the Blue Cross Blue Shield Campus in the Commons Building. The building sits on the left side of the road after going around the traffic circle.

We have designated 15 minute parking in front of the Commons Building for convenient drop-off and pick-up.

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# Our Staff



**Leslie, Center Director**

In education since: 2012

## Our Teaching Staff

Our teachers are the heart of our program — people with the skills, passion, and dedication to make early education their career. They are experienced and dedicated professionals who meet strict certification requirements. Through *Discovery Driven Learning™*, our teaching and learning framework, these talented educators focus on children’s unique interests while supporting today’s big milestones and tomorrow’s success. We support our educators with our own award-winning training, as well as learning opportunities to further advance their careers and skills through training, certificates, and college degrees.

## Bright Horizons at Blue Cross Blue Shield of North Carolina

1968 Ivy Creek Blvd. Durham, NC 27707  
(919) 765-2437 | [bcbs.nc@brighthorizons.com](mailto:bcbs.nc@brighthorizons.com)

For *Bright Horizons Back-up Care™* reservations:

- ▶ **Visit** | [backup.brighthorizons.com](http://backup.brighthorizons.com)
- ▶ **Call** | 877.BH.CARES (242-2737)
- ▶ **Download** | Search “Bright Horizons” in the App Store/Google Play to find our Back-Up Care app

