

# Welcome to our School Age Program

## What will my child's first day be like?

At Bright Horizons Woodbury, we offer a relaxed and balanced program for our school age children with time to explore and learn with friends. We recognize the growing physical, intellectual, and social competence of older children. Eager to form social connections and discover how the adult world works, five to twelve year olds thrive on challenges, responsibility, and friendship.

Your school age child will participate in both structured activities and free exploration, having the opportunity to work in small and large groups as well as individually.

## School Age Daily Schedule:

- ▶ Arrivals & Free Exploration
- ▶ Morning Snack
- ▶ Morning Meeting
- ▶ Teacher Planned Activities\*
- ▶ Small Group Activities
- ▶ Outdoor Exploration
- ▶ Lunch
- ▶ Quiet Activities
- ▶ Movement Matters
- ▶ Afternoon Snack
- ▶ Small Group Activities
- ▶ Free Exploration & Goodbyes

*\*Language Works, Science Rocks, Math Counts, ArtSmart, Our World, Well Aware, Garden Works, Toward a Better World*

## What should you bring?

- ▶ A peanut/nut-free, cold lunch for your child with a serving of fruits and vegetables, per USDA guidelines. We provide a morning and afternoon snack as well as milk and water. You may also choose to take your child out to lunch.
- ▶ Your child may choose to bring a book or reading materials from home or school. We also have a wide range of picture and chapter books for your child to enjoy. If your child chooses to bring an electronic device, we will have you and your child sign an electronics agreement.
- ▶ We offer a variety of educational toys and experiences; therefore, it is not necessary to provide toys from home.

**We are excited to meet you and your child! Please feel free to visit or call the center at any time and ask to speak with your child's caregiver.**

