

Welcome to our Preschool Program

What will my child's first day be like?

At Bright Horizons Woodbury, we understand that each visit is not a typical day for the parents or children. Your preschooler comes to our program with unique educational and child care experiences. Your child's teacher will help ease the transition by offering warm support as well as engaging opportunities for exploring and learning.

Your child will participate in a rich variety of projects and activities that focus on advancing language ability (*Language Works*), mathematical reasoning (*Math Counts*), and scientific thought (*Science Rocks*). Learning centers offer guided experiences that encompass all the skills and understanding necessary for optimum development.

Preschool Daily Schedule:

- ▶ Arrivals
- ▶ Child-directed exploration
- ▶ Morning snack
- ▶ Circle time
- ▶ Handwriting Without Tears and Everyday Mathematics
- ▶ Teacher-directed activities*
- ▶ Outdoor exploration
- ▶ Lunch
- ▶ Nap & quiet time
- ▶ Afternoon snack
- ▶ Teacher/Child-directed exploration
- ▶ Movement Matters
- ▶ Goodbyes

**Language Works, Science Rocks, Math Counts, ArtSmart, Our World, Well Aware, Garden Works, Toward a Better World*

What should you bring?

- ▶ Blanket or comfort item for nap/quiet time
- ▶ Diapers, Wipes, Pull-Ups, and/or Extra Clothing*
- ▶ A peanut/nut-free cold lunch for your child with a serving of fruits and vegetables, per USDA guidelines. We provide a morning and afternoon snack as well as milk and water. You may also choose to take your child out to lunch.

*If your child is in the process of potty training, please provide us with as much helpful information as possible. Every effort will be made to be consistent with your child's training process. Please provide several changes of clothes in case of accidents.

We are excited to meet you and your child! Please feel free to visit or call the center at any time and ask to speak with your child's caregiver.

