

Welcome to our Infant Program

Arrival Information

In order to keep the floor as clean as possible for your child, the infant room is a shoe free room. We provide booties that can go over your shoes, bare feet, or nylons. If you prefer, you may remove your shoes and wear socks in the infant room.

All children will have a space for their personal items. In this space you will find your child's Parent Day Sheet. Please fill out the Parent Day Sheet thoroughly, as it gives us very important information about your child. If you requested your reservation online you will be able to print out the Parent Day Sheet and complete it at home, which speeds things up in the morning. At drop off, let us know what your child enjoys playing with and what their interests are so that we can help them transition smoothly into the room. We recommend that you say goodbye to your child before you leave.

Your child will have a primary teacher for the day. She/he will try to follow your child's typical schedule. However, since they are in a different environment than they are used to, your child's needs may be different. We will try to follow the cues that your child is giving us in order to fulfill their needs. As we get to know your child and they get to know us, we will become more accurate in reading their cues. The information that you provide on the Parent Day Sheet and in the Infant Developmental History helps us tremendously. Thank you!

In accordance with licensing and the "Safe to Sleep" campaign, we place infants to sleep on their backs. If you want us to do otherwise, you will need to bring a signed request from your child's pediatrician along with a waiver signed by both guardians.

Minnesota state law prohibits the use blankets of any size in cribs. You are welcome to bring your child's sleep sack as an alternative. This law also prohibits us from placing any pacifier with an attached soft toy inside the crib. If your child uses a pacifier, please bring one that is free from hanging toys or cords. Minnesota State Law also requires that we have you sign a permission slip that allows us to let your child, under six months of age, to continue sleeping on his or her stomach once your child has positioned himself or herself that way.

Curriculum

The World at Their Fingertips creates developmentally appropriate environments in which each child discovers what the world is like, how it works, and what he/she is capable of. *World* provides the framework for excellence in early care and education at Bright Horizons. The activities that we do throughout the day with your child will revolve around his/her needs for the day as well as any information you can give us as to what skills your child is working on and where he/she is developmentally.



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Here are a few activities that we will integrate into your child's day:

- ▶ Story time – both individual and group
- ▶ Sign language – more, eat, please, thank you, and more
- ▶ Discovery and development of gross and fine motor skills
- ▶ Sensory and Art exploration
- ▶ Singing songs and finger plays
- ▶ One-on-one bonding time with their teacher

What Should I Bring?

- ▶ Extra clothes – one or two sets
- ▶ Enough prepared bottles with covers (one bottle for each feeding). If you are bringing formula, please pre-mix the formula before arrival. ****No glass bottles.**
- ▶ An extra bottle/formula/breast milk (This one does not need to be prepared unless it is breast milk.) ****Bottles will be discarded after a one hour time period that begins when your child starts drinking.**
- ▶ Non-microwaveable meals that meet the USDA guidelines for your child's age – labeled with child's first and last name and date. Our center is a **"Peanut/Nut Safe Zone"** and we ask that you please refrain from bringing lunch or snack items that contain peanut/nut butter or peanut/nut products.
 - We provide whole milk (children over 12 months) and snacks as well as cups, spoons, bowls, and bibs
- ▶ Diapers and wipes (enough to change your infant every 2 hours, plus a few extra), and ointment if needed (with a signed waiver).
- ▶ Minnesota Infant Rollover Permission signed by both guardians (for children under 6 months)
- ▶ Appropriate clothing to go outside for all seasons

We are excited to meet you and your child! Please feel free to visit or call the center at any time and ask to speak with your child's caregiver.

