

May 2019

School Age



Bright Horizons Palo Alto
 3000 El Camino Real 3-110, Palo Alto, CA, 94306 |650-493-3777 |Fax:650-493-3711
 paloalto@brighthorizons.com | www.brighthorizons.com/paloalto

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Food Glorious Food			1 Easy Basic Pancakes <i>(Well Aware)</i> Sharks and Minnows <i>(Movement Matters)</i>	2 My Food Plate Sorting Game <i>(Math Counts)</i> Jumping Jacks <i>(Movement Matters)</i>	3 Celery Stamp Art <i>(Art Smart)</i> Nature Yoga <i>(Movement Matters)</i>	4
5 My Health My Body	6 Life Size Body Map <i>(Caring Matters)</i> Hula Hoop Hop <i>(Movement Matters)</i>	7 Using Lung Power <i>(Science Rocks)</i> Wooden Beam Walk <i>(Movement Matters)</i>	8 Avocado Cucumber Salad <i>(Well Aware)</i> Jump Rope <i>(Movement Matters)</i>	9 Braille Alphabet <i>(Language Works)</i> Egg Spoon Relay <i>(Movement Matters)</i>	10 Decorative Vases for Mom <i>(Art Smart)</i> Bouncy Ball Relay <i>(Movement Matters)</i>	11
12 Stop Pollution! Mothers' Day	13 The Lorax <i>(Language Works)</i> Sack Race <i>(Movement Matters)</i>	14 Trash vs. Recycle <i>(Math Counts)</i> Moon Beam Walk <i>(Movement Matters)</i>	15 Simple Grain Art <i>(Art Smart)</i> Basketball Relay <i>(Movement Matters)</i>	16 How Can We Clean this Water? <i>(Science Rocks)</i> Limbo Rock <i>(Movement Matters)</i>	17 Bagel Pizza <i>(Well Aware)</i> Mindfulness Exercise Cards <i>(Movement Matters)</i>	18
19 I Love Art!	20 Geometric Art <i>(Math Counts)</i> Magic Carpet Ride <i>(Movement Matters)</i>	21 Special Self Portrait <i>(Towards a Better World)</i> Bean Bag Toss <i>(Movement Matters)</i>	22 Fruit Burrito <i>(Well Aware)</i> Tug O' War <i>(Movement Matters)</i>	23 Sticks and Straws <i>(Science Rocks)</i> Four Corners <i>(Movement Matters)</i>	24 Still Life <i>(Language Works)</i> Friday Yoga <i>(Movement Matters)</i>	25
26 Exploring our Senses	27 Center Closed for Memorial Day Memorial Day	28 Oobleck <i>(Science Rocks)</i> Jog in Place <i>(Movement Matters)</i>	29 Pretzel Snack Recipe <i>(Well Aware)</i> Stilts Race <i>(Movement Matters)</i>	30 Finger Painting <i>(Art Smart)</i> Indoor Hockey <i>(Movement Matters)</i>	31 Guess that Smell <i>(Language Works)</i> Dodge Ball <i>(Movement Matters)</i>	