



Asthma Health Care Plan

Name of Child:		Date of Birth:		
Parent/Guardian Name: Phone:				
Tarenty Sudraian Name.				
Physician's Name:	Physician's Name: Phone:			
The following information should be completed by the child's health care provider.				
Severity: Mild Mild Pe	ersistent 🗆 Moderate Pers	istent □ Severe Persistent		
Check All Triggers				
☐ Cleaning Products	□ Exercise	□ Pet Dander		
□ Colds/Flu	□ Food	□Smoke		
☐ Cut Flowers, Grass, Pollen	□ Odors/Fragrances	☐ Sudden Temperature Change		
□ Dust Mites	☐ Ozone Alert	·		
□ Other:				
Suggested classroom strategies to support this child's needs:				
Specific Medical Information: Medication to be administered:* □ Yes □ No If yes, medication to be administered and potential				
*For complete medication administration information, it may be necessary for the medical provider and parent/guardian to complete the Medication Authorization form. Potential consequences to child if treatment is not administered:				
Staff Training Needs:				
Additional Emergency Procedures/Instructions (including when 911 should be called):				
GO (Green Zone)				
If the child:	What to do:	Medication: • "As needed medication" not needed		
 Is breathing regularly Has no coughing or wheezing	Allow current activity	Regular medication to be given as		
Can engage in active play		ordered		
CAUTION (Yellow Zone)				
If the child has:	What to do:	Medication		
• Early signs of a cold (runny nose,	Cease current activity	Administer the "As needed		



Bright Horizon	ns,
sneezing)	

- Exposure to a known trigger
- Coughing
- Mild wheezing
- Chest tightness

- If the child is outdoors bring inside
- Observe breathing before and after the treatment (15 minutes)
- medication" per the Medication Authorization Form and follow directions for use
- Monitor breathing status if no improvement follow the steps for the DANGER (Red Zone)

DANGER (Red Zone)

If the child's asthma worsens and any of the following apply:

- The medications are not helping within 15-20 minutes of administration.
- Breathing is becoming hard and
- Nose (nostrils) open wide
- Ribs are showing
- Lips, fingernails or mouth area are blue or blue gray in color
- Trouble walking or talking

What to do:

- Call 911
- Stay with the child—Stay calm
- Ancillary staff notify the parent/guardian
- · Accompany the child to ER
- Complete an Occurrence Report within 24 hours

Medication:

- Medication available has already been given with no relief
- Notify EMS staff regarding the type of medication and the time it was given.

Staff Training	
Staff may be trained by:	
The following staff have been trained on the child's medical condition:	
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Parent/Guardian Acknowledgement Statement

To ensure the safety of your child Bright Horizons cannot delete a health care diagnosis which has previously been documented unless we have a signed note from the child's physician stating that the condition no longer exists; nor can we add an item(s) or change a medication without a signed note from the child's physician.

I understand that Bright Horizons requires the most up to date information regarding my child's health. I also understand that for the safety of my child, my child's photograph and health information will be posted in the classrooms and kitchen.

Physician Signature	Date
Parent/Guardian Signature	Date
Director/Principal Signature	Date

This plan must be updated annually or whenever there is any change in treatment or the child's condition changes.