

Checklist of Items to Bring For Preschool and School-Age



***** Please make sure to label all of your child's belongings (bottles, cups, food containers, bags, clothing, blankets, etc) with his/her FULL NAME*****

Food: Center provides morning & afternoon snacks for children 1 yr. and older.

Please remember we are a nut-safe facility. No use of microwaves for heating.

- Ready to eat nut-safe lunch (refer to our [nut-safe notice](#) for more details)
 - Due to limited storage, we ask that you provide an ice pack in their lunch box
 - Any warm food items are recommended to be stored in a thermos, as we do not heat up food for children
 - Refer to our [Bright Horizons Food From Home](#) document for more info on packing a safe lunch and food suggestions
- Nut-safe snacks (if brought from home)
- **Children with life-threatening allergies and/or specific dietary needs are asked to provide ALL food from home- morning and afternoon snacks & nutritious lunch**

Toileting/Diapering:

- Enough disposable diapers and wipes for the day (if applicable)
 - If your child is potty learning, please communicate any information to your child's teacher so that we can help continue your routine at our center.
- Diaper cream (if needed)- *requires a signed/completed Authorization for Administration of Medication Form- [click here](#)
*Ointments not designated for use per label will require a physician to sign the medication form.

Clothing:

- Extra change of clothing (a few sets recommended especially if child is potty learning)
- Children should wear play clothes, as they may be involved in projects using water, paint, and other materials. For safety reasons, we strongly discourage drawstrings or dangling jewelry, particularly for younger children.

Comfort/Nap Items:

- Comfort items such as a blanket, stuffed animal, etc. that your child is used to having for comfort is encouraged.