Checklist of Items to Bring
For Infants and Toddlers

*** Please make sure to label all of your child's belongings (bottles, cups, food containers, bags, clothing, blankets, etc) with his/her FULL NAME***

Food: *Center provides morning & afternoon snacks for children 1 yr. and older. Please remember we are a nut-safe facility. No use of microwaves for heating.*

- Appropriate number of **premixed individual ready-to-feed bottles of formula/milk** for each feeding (no solid foods or medication can be mixed in bottles)
- Jar food and/or finger foods (depending on age)
- Ready to eat nut-safe lunch (refer to our nut-safe notice for more details)
    - Cut all food into bite-sized, easy to swallow pieces
- Refer to our Bright Horizons Food From Home document for more info on packing a safe lunch and food suggestions
- **Children with life-threatening allergies and/or specific dietary needs are asked to provide ALL food from home- morning and afternoon snacks & nutritious lunch**

Diaper Supplies:
- Enough disposable diapers and wipes for the day
- Diaper cream (if needed)- *requires a signed/completed Authorization for Administration of Medication Form- click here
  *Ointments not designated for use per label will require a physician to sign the medication form.

Clothing:
- Extra change of clothing (a few sets recommended)

Children should wear play clothes, as they may be involved in projects using water, paint, and other materials. For safety reasons, we strongly discourage drawstrings or dangling jewelry, particularly for younger children.

Comfort/Nap Items:
- Comfort items such as a blanket, pacifier, etc. that your child is used to having for comfort is encouraged.
- Bright Horizons Infant Sleep Policies do not allow any soft items left in the crib while a child sleeps, this includes blankets, pillows, toys, and pacifiers attached to soft stuffed animals. An infant "sleep sack" or other sleep clothing provided by the family is permitted as an alternative to blankets, so long as the infant's head is uncovered at all times.

Bright Horizons
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