



Bright Horizons Los Angeles Hope Street Preschool Summer Adventures July 2014

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	Mon	Tue	Wed	Thu	Fri
Fun and Fitness Activities: Movement Matters Activities:		1 Stretching and Nutrition for your body _____ Jump the Creek	2 Body Painting _____ Yoga	3 How does your Body Function? _____ Obstacle Course	4 Happy 4th of July Center Closed 
Fun and Fitness Activities: Movement Matters Activities:	7 Body Tracing (My Bones) _____ Musical Chairs	8 Walking the Line Balancing Act _____ Simon Says	9 My Feet: Connecting Bones _____ Parachute Games Field Trip: Farmers Market	10 Staying Healthy Food Pyramid _____ Hot Potato	11 Watch Me Grow: Graphing _____ Leap Frog
Fun and Fitness Activities: Movement Matters Activities:	14 Healthy Food Collage _____ Jump the Creek	15 Very Hungry Caterpillar Food Tray _____ Field Trip: Library	16 Sorting and Graphing Healthy Food _____ Over/Under Jump	17 Healthy Choices Matching Game _____ Simon Says	18 Healthy Choices Shopping List _____ Musical Chairs
Sewing and Weaving Activities: Movement Matters Activities:	21 Weaving through Material _____ Count up	22 Button Sewing _____ Jump the Creek	23 Yarn Pom Poms _____ Field Trip: Farmers Market	24 Jewelry Weaving _____ Yoga	25 Make your own Sock Puppet _____ Hot Potato
Sewing and Weaving Activities: Movement Matters Activities:	28 Textured Fabric Art _____ Over/Under Jump	29 Pattern Sewing _____ Red Light/Green Light Field Trip: Library	30 Create Your Own Embroidery Art _____ Pass the Present	31 Canvas Bag Fabric Painting _____ Simon Says	