



May 2014



Bright Horizons Los Angeles Hope Street

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Register and Reserve Care Online: www.brighthorizons.com/back-up

 = High Demand Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Heart Function Diagrama Model	2 Personal Pulse Rate Chart	3
4	5 Healthy Taco Bar	6 Agility Ladder Team Relays	7 Understanding & Calculating Your BMI	8 Drop, Stop Push Ball Toss	9 Learn How Your Body Works	10
11	12 Stretching & Nutrition for Your body	13 Making Looms from the Heart	14 Baking Healthy Pretzels	15 Morning Walk	16 Obstacle Course (Jump, Roll, Scoot)	17
18	19 Making Healthy Cereal Bars	20 Weight Scale Exploration	21 Yoga Time	22 Outdoor Sports at McGuier Park	23 Healthy Salad Bar Buffet	24
25	26 Center Closed Memorial Day	27 Playground Games at McGuier Park	28 Magnifying Your Epidermis Exploration	29 Skeleton Bone Exploration Science Center \$10	30 Making Yogurt Pops	31



Bright Connections
A Family Care Web Resource

www.brighthorizons.com/brightconnections


Back-Up Care Advantage™
A Bright Horizons Solution at Work