



Bright Horizons Los Angeles Hope Street Preschool Summer Adventures June 2015

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	Mon	Tue	Wed	Thu	Fri
Garden Works Activities: : All about Seeds Movement Matters Activities:	1 What's inside this seed? Seed Dissection _____ Movement Bag	2 Let's Grow Wildflowers! Planting Wildflowers _____ Yoga	3 Vases by Design— Pottery Garden Sensory Table _____ Hot Potato	4 Anatomy of a Flower Flower Dissection & Painting _____ 1,2, Bean Bag Toss	5 Catch the Rainbow! Making a Flower Sun Catcher _____ Going on a Bear Hunt
Garden Works Activities: All about Bugs! Movement Matters Activities:	8 All About Ladybugs Life Cycle of a ladybug _____ Leap Frog	9 Where are you Ladybug? Exploring Real Ladybugs _____ Obstacle Course	10 From Caterpillar to Butterfly Caterpillar life cycle _____ Line-up	11 Worms, Worms, Worms Exploring Real Worms _____ Simon Says	12 Create your own take home Worm Habitat _____ Red Light/Green Light
Nutrition and Wellbeing Activities: Movement Matters Activities:	15 I am what I eat! Draw a healthy meal _____ Island Hoping	16 Good Enough to Eat Healthy Foods Collage _____ Animal Yoga	17 Eating my Words Healthy Eating Journals _____ Farmer's Market Fieldtrip	18 Fruits and Vegetables Oh My Tasting Party! _____ Parachute Games	19 Eat like a Superhero Making my own Nutrition Book _____ Box Car Race
Nutrition and Wellbeing Activities: Movement Matters Activities:	22 Exercise Makes you Smart! Make your own exercise cards _____ Head, Shoulders, Knees and Toes	23 Exercise for Energy My favorite way to exercise journal _____ Obstacle Course	24 A,B,C Energize Me Alphabet Vegetable Tasting _____ Freeze Dance	25 I Am Amazing! Body Tracing Self Portraits _____ Simon Says	26 Healthy Teeth, Healthy Food—Happy Me! Toothbrush painting _____ Red Light/Green Light
Nutrition and Wellbeing Activities: Movement Matters Activities:	29 Sugar Shock! What it does to my teeth Science Experiment _____ Musical Chairs	30 It's all about my Teeth! Happy Tooth Collage _____ Scarf Grab Tag			