

# What to Expect

At Mayo Employees Back-up Child Care Center, your child will be safe, well cared for, loved, and supported by our skilled teachers. Our carefully crafted back-up care program offers age-appropriate programs to encourage curious, happy, and confident children at every age and stage.

### View our virtual tour!

Our center has been welcoming families since 2010 for their back-up, school vacation, and summer care needs. Throughout the year, we offer virtual family information sessions and workshops, themed program weeks, and many other events for children ages 6 weeks to 12 years.

If you would like a virtual or in-person visit prior to care, we would be more than happy to schedule one at your convenience; our center administrative team can be reached at 507-282-2707 or mayo.rochester@brighthorizons.com.

# **Health & Safety**

At Bright Horizons your child's health, safety, and wellness is our top priority. We continually monitor state and local public health guidelines, consult with our medical experts, and use our considerable experience to guide our practices. We're prepared to respond quickly and adjust those health and safety practices as needed, to ensure children, families, and teachers are protected.

## Designed for the well-being of staff, children, and families

- A daily health check policy that strives to mitigate the spread of illnesses
- ► Frequent cleaning and disinfecting of high-touch surfaces, toys, and soft items
- Strict handwashing and sanitary policies to prevent the spread of illnesses
- Safety and security procedures designed to keep our families and staff protected
- Secure entrances to all centers
- Curriculum that emphasizes healthy practices for children

## What to Bring

### **Enrollment Forms & Health Records**

Prior to care, we are required to obtain additional information about your family. Many of the forms are available on our Back-up Care portal: <u>backup.brighthorizons.com/account/login</u>, and will need to be submitted along with your child's health and immunization records.

### Meals & Snacks

Children in our care are provided breakfast, lunch, and morning and afternoon snacks consisting of a fruit, vegetable, protein or carbohydrate, and whole milk. If you choose to pack your child's lunch, please make sure to use ice packs for cold items and a thermos for warm items. In our infant classroom there is a fridge available for bottles; all bottles are to be prepared at home and will be warmed using a water bath method. Infants who are not yet eating a full menu of table food must provide their own food, since that age group is on a more individualized eating plan. We are a peanut/nut safe center so please refrain from sending foods that have nuts of any kind in them or have been process in a facility that contains peanuts/tree nuts (this includes milk alternatives).

### **Items From Home**

- Spare clothing
- Diapers and wipes (as needed)
- Blanket for rest time
- Favorite toy, book, etc. to ease the drop-off transition or for rest time
- Ready-to-eat lunch and bottles (as needed)



## **Center Location**

We are located in the Valley High Business Center building at 3535 40th Avenue NW in Rochester.

From the front, it appears to be a nondescript brown brick office building. Our main entrance is on the backside of the building facing circle drive/county road 22. When you enter the parking lot from 40th Avenue, drive past the building to the rear parking lot and you will see our playgrounds located next to our main entrance.

Please look for a glass door with a sun on it that says Bright Horizons and Mayo Employee Back-Up Care.

## **Our Staff**



### Jacqui, Center Director

During my time with Bright Horizons, I have had the wonderful opportunity of working in multiple roles from Teacher to National Field Director. I have my Bachelors of Arts in Elementary Education from Spring Arbor University in Spring Arbor, Michigan. My work is a constant source of joy, as it brings together my passion for quality education and my love of spending time with children and families.

In education since: 2007



### MaryBeth, Health & Safety Director

I began my journey with Bright Horizons in 2010, however, I started with the Mayo Back Up Childcare at their time of opening in 2001 --filling almost every position in all the classrooms at one point in time. I received my Child Development Associate from the Council for Professional Recognition in 2003, and continue to take training opportunities to learn and grow. I enjoy building relationships with families and making connections, however small or big they may be, with each child that comes through the doors.

In education since: 2001



#### Kim, Lead Educator

I have been with Bright Horizons since 2010, but I have been with Mayo Back Up since 2003. I have my Associate Degree in Child Development from Rochester Community and Technical College. In my time here at Bright Horizons I was in the Backup Preschool Classroom. I really enjoy supporting all teachers and building relationships with the children and families is what I enjoy most about my job.

In education since: 2003

#### Our Teaching Staff

Our teachers are the heart of our program — people with the skills, passion, and dedication to make early education their career. They are experienced and dedicated professionals who meet strict certification requirements. Through *Discovery Driven Learning*™, our teaching and learning framework, these talented educators focus on children's unique interests while supporting today's big milestones and tomorrow's success. We support our educators with our own award-winning training, as well as learning opportunities to further advance their careers and skills through training, certificates, and college degrees.

### Mayo Employees Back-up Child Care Center

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For Bright Horizons Back-up Care™ reservations:

- Visit | backup.brighthorizons.com
- Call | 877.BH.CARES (242-2737)
- ▶ **Download** | Search "Bright Horizons" in the App Store/Google Play to find our Back-Up Care app





