## Welcome to the New Adventures (Toddler Room)!

We hope this letter is helpful for you in preparation for a visit to our center. If you have any questions or concerns, please feel free to call and speak with us before you visit. We look forward to meeting you and your family!

## **Morning Drop Off**

Upon arrival to the Toddler Room, you will find a cubby for your child and a parent sheet. Please fill out the parent sheet thoroughly as this gives us very important information about your child. If you requested your reservation online you will be able to print out the Parent Sheet and fill it out before drop-off— which speeds up the process.

At drop off, inform the teacher what your child enjoys playing with and what their interests are to help them transition smoothly into the room. We recommend that you say goodbye to your child before you leave, and you may bring a comfort item to help with the transition as well. Sometimes we get a little dirty, so please bring an extra set of clothes!

# What to Bring and What will be provided

A morning and afternoon snack will be provided. Lunch is to be provided by you. You can pack a healthy cold lunch or take your child out for lunch. We are not able to heat up food, so we encourage the use of thermoses to bring warm food. We are a "Peanut/Nut Safe Zone" and ask that you do not pack any peanut butter or peanut products in your child's lunch. We have a refrigerator, milk, sippy cups, bowls, plates and silverware available. Please let us know of any dietary restrictions for your child.

Please make sure all items from home, including lunch items, are labeled with your child's first and last name and the date.

Please bring diapers, wipes, and ointment. Diapering will be done every two hours and in between as needed.

#### Curriculum

Our curriculum "World At Our Fingertips" involves developmentally appropriate practices for all ages. The activities that we do during the day with your child will revolve around their needs for the day as well as any information you can give us as to what skills they are working on and where they are developmentally. Some examples are finger painting, painting with a paintbrush, coloring, reading, singing, dancing, building large muscle skills on the climber, counting, building, stacking, matching games, and playing with puff balls, feathers, sand, or water in the sensory table.

Math Counts- Number Recognition, Categorizing

Science Rocks- Expand Reasoning Skills, Experiment with Materials, Study Cause and Effect

Art Smarts- Developing Creativity, Practicing Fine Motor Skills, Exploring Various Mediums

Language Works- Auditory Comprehension, Letter Recognition, Language Development

Our World- Using Imagination, Role Playing, Learning Tolerance

Movement Matters- using our small and large muscles to exercise our bodies

Toward a Better World- taking a look at the world around us and how we can take care of each other

Well Aware- a focus on health and well being

### **Toddler Daily Schedule**

7:30am - 9:30am Arrivals/ Free Exploration

10:30am - 11:00am Curriculum Activities 11:00am - 11:30pm Free Exploration

11:30pm - 1:00pm Lunch

1:00pm - 3:00pm Rest time/ Quiet Activities

3:00 pm - 3:30pm Free Exploration 3:30pm - 4:00pm Afternoon Snack

4:00pm - 4:30 pm Movement Matters Activity 4:30pm - 6:00 pm Free Exploration/ Good-byes

<sup>\*</sup>This is a general schedule. Every attempt will be made to follow your child's individual schedule, as provided by the parent with regard to eating, toileting, and sleeping habits.