

From the Director

At the Burbank Center, there has been a lot of learning and exploration of glaciers in the Arctic and wintry conditions around the world. Activities focused on experiments that formed crystals, ice paintings, blubber, and creating igloos and snowmen

The Burbank Center was busting with children on winter break and now we look forward to visits from children as schools are closed for various reasons such as vacations/holidays or covering families for emergencies that come up all of a sudden.

We wish you a very happy new year and look forward to seeing you throughout the coming year.

Angie Steiner



Bright Connections is a web resource that provides relevant information for you and your family's caregivers — from articles to webcasts — on caring for infants to adults.

Find us at
www.brighthorizons.com/brightconnections.

Register & Reserve Back-Up Care

Your child must be fully registered before a reservation can be made. Our online system makes it simple to:

- Edit/update registrations
- Request a reservation
- Cancel a reservation
- Print daily information sheets

www.brighthorizons.com/back-up

High Demand Days

Don't wait... reserve 30 days in advance.

Jan 19th MLK Day

Feb 16th Presidents Day

*check your child's school calendar for Spring Break schedule

Upcoming Events

January 26-30
Caregivers Day Off Week

February 23-27
Potty Learning Camp

March 2
Celebrating Dr. Seuss Birthday

Classroom Highlights



Infants

This winter the infants are exploring sensory experiences with blocks of many textures, scarf and books. We begin introducing shape sorts, simple puzzles to the older infants. They love exploring new items such as pine cones and sensory bottles.

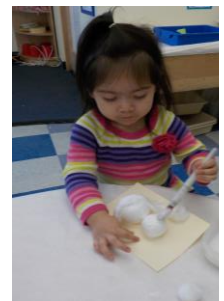


Toddlers

Climbing is a big adventure in the toddler room as well as learning to sort, count and “read “. We love to watch how their attention span increases month by month. They are able to sit for short group times to enjoy songs and stories.

Preschool

Making igloos was one of the many winter activities planned in the preschool room. The discussions about glaciers, the Arctic and cold weather animals are most interesting. This group is curious about their world and engaged in the hands on curriculum.



School-Age

These children use a lot of imagination and collaboration when given the opportunity to create. We provide an abundance of materials that enhance this process. We have seen variations of Ice Cube paintings, Q-tip Snowflakes and glacier constructions.

E-Family News

Parenting tips, articles, strategies, and resources for your growing family

Goodbye Diapers, Hello Underwear: Ideas for Successful Potty Training

If your child is ready to learn how to use the toilet, you also want to determine if you are ready to take on this sometimes daunting task.

Here are some pledges you can commit to yourself before getting started:

- I am prepared with paper towels and cleaning products when my child, house, furniture, and clothes need to be cleaned after an accident.
- I will set aside a couple of days to start the process. A weekend is a good time to start for working parents. I will be patient.
- I am willing to wash unlimited amounts of laundry.

What Do I Need to Get Started?

As with everything we do with our children - feeding, sleeping, and toilet learning - there are lots of products designed to help make it easier. You can decide which of these products you would like to use. You might want to consider a potty chair that sits on the floor. Children seem to have a greater sense of security without the giant steps up and flushing water below. We already give children little spoons, little beds, little cups, and little books. Little potties just make sense.

How Do I Encourage and Praise My Child?

Nurturing, positive, and patient parents foster learning success in any learning situation and this is especially true with toilet training. Accidents will happen. And often it feels like they happen and happen and happen. Some children have lots of accidents and others only a few, which is not developmentally significant. Try considering each accident a near-success.

Shopping for Underwear

When your child is ready to start toilet training, make a special date with your child to go shopping for underwear. Let your child pick the type of underwear and then treat her to ice cream. It's her special potty day.

Books and Reading

Keep a basket of books in the bathroom. Your child will have so much fun reading she might forget she's sitting on the potty.

Potty Time

Create a toileting routine. Make "potty time" part of your everyday schedule, just like brushing teeth or getting ready for a nap. When you find that your child's diaper is dry after a nap, start the routine of heading to the potty as soon as your child wakes up. Your child will have a better chance of success because he probably needs to go.

Sticker Fun

Giving a child a reward for going to the potty works well for some children. Try keeping a sticker chart. Let your child add a sticker every time she goes to the potty. When the stickers add up, treat your child to some special time with you.

For more ideas, visit <http://shar.es/13GNGs>. Be sure to also check out the recording for the Bright Horizons parent webinar, Potty Training Tips & Strategies: <http://shar.es/13h115>.